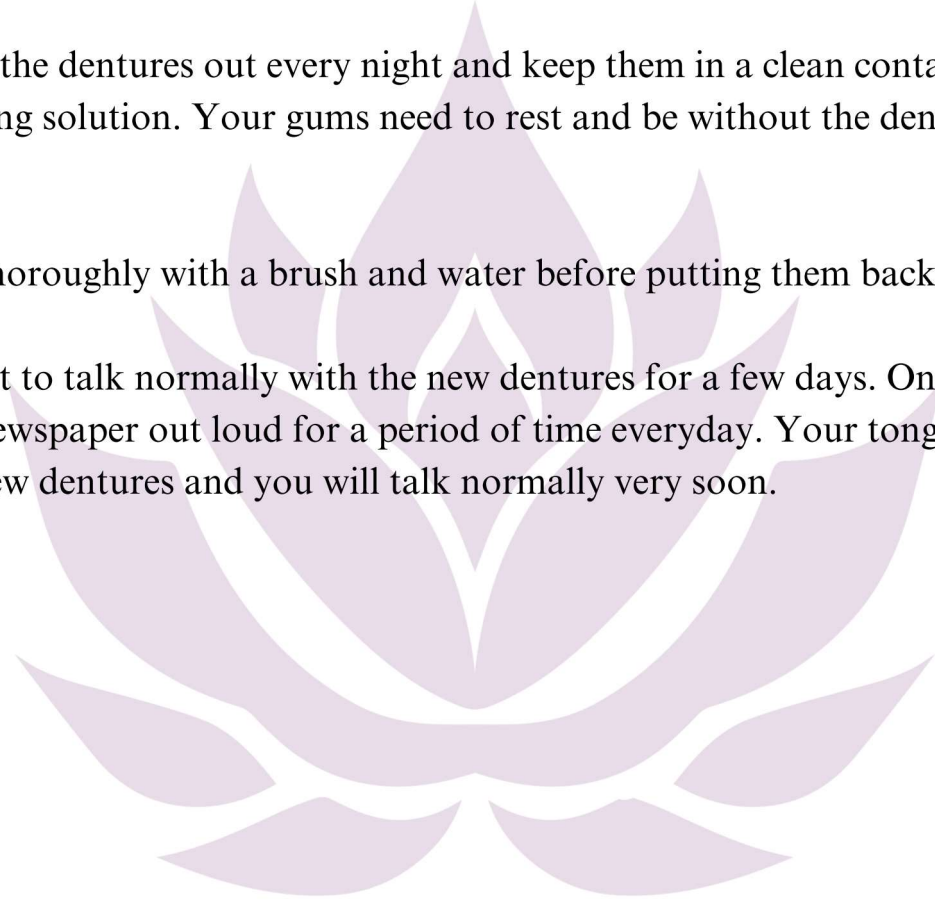


# Norwalk Dental Care

*We Care.*

## **INSTRUCTIONS FOR NEW DENTURES**

- You will experience some discomfort with any new denture for a few days. All new dentures need several adjustments to completely and comfortably fit your mouth.
- You should take the dentures out every night and keep them in a clean container filled with water or denture cleaning solution. Your gums need to rest and be without the dentures every day for a period of time.
- Clean dentures thoroughly with a brush and water before putting them back in your mouth.
- It may be difficult to talk normally with the new dentures for a few days. One way to practice is to read a book or newspaper out loud for a period of time everyday. Your tongue and muscles will get used to the new dentures and you will talk normally very soon.



**FOR ANY OTHER DENTAL EMERGENCY OR CONCERNS, PLEASE CALL US AT (203)853-6626**