## Norwalk Dental Care

We Care.

## INSTRUCTIONS AFTER IMPLANT SURGERY

- Do not rinse your mouth vigorously during the first 24 hours after surgery.
- If given a prescription for Chlorhexidine (Peridex), bathe the area of surgery without rinsing for 2 minutes after breakfast and before bedtime with ½ of a capful of Peridex. Continue its use until our provider asks you to stop.
- If nose bleeding occurs, do not blow your nose vigorously.
- Maintain a soft diet for the first 5 days after the operation and if possible, eat on the side of your mouth that did not have surgery.
- Use an elevated headrest or an extra pillow for the first 2 nights after the operation.
- Do not use your prosthesis until it has been relined.